

Jonathan Sklar



Brief CV

Dr. Jonathan Sklar MBBS, FRCPsych, Tavistock Qual. Adult Psychotherapy.
He is a Training and Supervising psychoanalyst of the British Psychoanalytic Society .
Honorary member of the Serbian and the South African Psychoanalytic Societies.

Following psychiatric qualification, Dr. Sklar trained for four years in adult psychoanalytic psychotherapy at the Tavistock Clinic prior to becoming Consultant Psychotherapist in the National Health Service (NHS) in Cambridge (1984-1996). He has been a leader of Balint Groups for 25 years.

In psychoanalytic practice for 36 years, he has been a training analyst since 1996. He is the chairman of The Independent Psychoanalysis Trust.

From 2007-2011, he was Vice President of the European Psychoanalytic Federation (EPF), with special responsibility for seminars for recently qualified analysts as well as new analytic groups in East Europe.

From 2015-2019 he was a European Representative on the IPA Board

As well as lecturing widely across East Europe, North and South America, he has taught psychoanalysis annually in South Africa for over 10 years and has led psychoanalytic discussion groups termly in Chicago for 10 years until 2018.

BOOKS

Landscapes of the Dark-history, trauma, psychoanalysis. Karnac 2011.
Balint Matters -psychosomatics and the art of assessment. Karnac 2017.
Dark Times. Phoenix press 2018